



## TIME / DATES / LOCATIONS

Registration: 8:30-9:00 am

Training 9:00 am-3:00 pm

### ■ October 25, 2018

CESA #5; 626 E. Slifer Street

Portage, WI 53901

**Contact:** Lynn Verage, CESA #9

(715) 453-2141 x228; [lverage@cesa9.org](mailto:lverage@cesa9.org)

### ■ November 1, 2018

CESA #8; 223 W. Park Street,

Gillett, WI 54124

**Contact:** Christine Kleiman, CESA #7

(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

### ■ November 8, 2018

CESA #3; 1300 Industrial Drive

Fennimore, WI 53809

**Contact:** Jackie Schoening, CESA #6

(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ January 17, 2019

CESA #6; 2300 State Road 44

Oshkosh, WI 54904

**Contact:** Jackie Schoening, CESA #6

(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ March 12, 2019

CESA #4, 923 E. Garland Street

West Salem, WI 54669

**Contact:** Carol Zabel, CESA #10

(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ April 8, 2019

CESA #12; 618 Beaser Avenue

Ashland, WI 54806

**Contact:** Lynn Verage, CESA #9

(715) 453-2141 x228; [lverage@cesa9.org](mailto:lverage@cesa9.org)

### Registration or billing questions:

Mary Devine, CESA #4

(800) 514-3075; [mdevine@cesa4.org](mailto:mdevine@cesa4.org)

Send payment to:

ATTN: Mary Devine

923 East Garland Street

West Salem, WI 54669

### PLEASE include and clearly define:

Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!



# Addressing Anxiety Related Needs

## A WORKSHOP FOR EDUCATION PROFESSIONALS

### Participants will learn:

- About the neurology, prevalence and diagnostics of anxiety and anxiety-related disorders including the components and symptoms of anxiety as well as the anxiety sequence.
- How to support students' self-reported anxiety levels and use this data to guide interventions.
- A variety of strategies to support anxiety both proactively and reactively for learners across the grade band and ability level.

### About the presenter:

Jessica Nichols serves the Wisconsin Department of Public Instruction as an Education Consultant on the Special Education Team. Her work supports students with autism, students with emotional behavioral disabilities, and student needs related to mental health and trauma. Jess has extensive experience supporting a variety of learners as a teacher, coach, consultant and trainer. She has a passion for early intervention and meaningful family engagement and is committed to promoting a deeper understanding of the myriad of factors impacting youth in Wisconsin's public schools.

**COST:** \$50.00 (Lunch and snacks are provided)

### REGISTER ONLINE:

Portage — <https://login.myquickreg.com/register/event/event.cfm?eventid=21179>

Gillett — <https://login.myquickreg.com/register/event/event.cfm?eventid=21180>

Fennimore — <https://login.myquickreg.com/register/event/event.cfm?eventid=21181>

Oshkosh — <https://login.myquickreg.com/register/event/event.cfm?eventid=21182>

West Salem — <https://login.myquickreg.com/register/event/event.cfm?eventid=21183>

Ashland — <https://login.myquickreg.com/register/event/event.cfm?eventid=21184>